

Junior Purple Belt Vocabulary

Name: _____

Date: _____

Sweeping action done with the leg _____

Hand _____

I surrender _____

Repetition attack practice without throwing, done with
a partner _____

Off balance _____

Person receiving technique _____

Begin! _____

Stop! _____

Person performing technique _____

Falling methods or ways _____

Sitting crossed legged _____

Teacher _____

Sitting on knees _____

Free practice _____

Attention _____

Bow _____

Scarf lock _____

Modified scarf lock _____

Minor inside reaping throw _____

Lock or hold _____

Beginning black belt _____

Modified _____

Hip wheel throw _____

Scarf _____

Black belt grade or rank _____

Second degree black belt _____

Wheel _____

A full point by adding two waza-ari scores _____

Reaping action done with the leg _____

Major outside reaping throw _____

Inside _____

Outside _____

Major hip throw _____

Waist or hip techniques _____

Waist or hip _____

Little or minor _____

Big or major _____

Note!(referee's call for a slight penalty) _____

Continue!(referee's call) _____

Don't move!(referee's call) _____

That is all!(referee's award) _____

Near waza ari!(referee's award) _____

Near yuko!(referee's award) _____

Almost ippon!(referee's award) _____

One Point!(referee's award) _____

Variant Upper 4-Corner Hold _____

Upper 4-corner Hold _____

Modified Side 4-Corner Hold _____

Side 4-Corner Hold _____

Straddling Hold _____

Shoulder Hold _____

Third degree black belt _____

Fourth degree black belt _____

Judo uniform belt _____

Judo uniform sleeve _____

Holding techniques _____

Grappling techniques _____

Caution!(referee's call for a moderate penalty) _____

Hand techniques _____

Throw(noun) _____

Foot techniques _____

Loss by rule violation(referee's call) _____

Throwing technique(s) _____

Technique(s) _____

Foot or leg _____

Warning!(referee's call for a severe penalty) _____

Hold-down!(referee's call) _____

Hold-down broken!(referee's call) _____

Judo Uniform _____

Reverse _____

Locking of the side four corners _____

Side falling sacrifice throws _____

Normal cross choke _____

Joint locking techniques _____

Choking techniques _____

Choke _____

Body drop throw _____

Half cross choke _____

Reverse cross choke _____

Knee wheel throw _____

Body _____

Cross arm lock _____

To drop _____

Fifth degree black belt _____

Sixth degree black belt _____

Newly certified throwing techniques of Kodokan Judo _____

Sacrifice _____

Throwing techniques done by falling on ones back or
side _____

Forms of gripping an opponent _____

Four corners (as in pins) _____

Normal _____

Five stages of throwing techniques, the basic syllabus
of Kodokan Judo _____

Cross _____

Counter technique _____

Judo uniform lapel _____

Side or lateral _____

Knee _____

Slide lapel choke _____

Rear, behind (as in throwing or pinning) _____

Rear throw _____

Naked choke _____

Single wing choke _____

Reverse side, back _____

Minor outside dashing throw _____

Both hands _____

Two hand reap _____

Floating hip throw _____

Lift-pull-hip throw _____

Entry methods into matwork _____

Escape (as from a pin) _____

To float or floating _____

Lift _____

Pull _____

Entangle _____

Seventh degree black belt _____

Eighth degree black belt _____

Side of the dojo or tournament mat reserved for senior
judoka or officials _____

Arm _____

Kneeling bow _____

Standing bow _____

Favorite technique _____

Dashing action done with the leg _____

Practice hall for judo _____

Judo practitioner or player _____

Tournament _____

Junior Purple Belt
General Information

Name: _____
Date: _____

Who is the founder of Judo?

What is the name of the school that he founded?

What year was the school founded?

List the USJA Junior Judo belt ranks in order of color.

How many degrees are there in the USJA Junior Rank System?

What are the 2 principles of Kodokan Judo as defined by Dr. Kano?

How long have unarmed combat martial arts been practiced in Japan?

What was unarmed combat called in Japan before judo?

Count from one to ten in Japanese.

Give an explanation of the principal of maximum efficiency.

Give an explanation of the principal of mutual benefit and welfare.

Name the three parts of a judo throw in English and Japanese.

Name the three parts of unarmed combat in English and Japanese

Name the three divisions of mat techniques in English and Japanese.

Name the two divisions of sacrifice throwing techniques in English and Japanese?

What is Kata?

How many Kata are there in Kodokan Judo?

Which Kata is considered the most useful for learning
grappling techniques

Which Kata is considered the most useful for learning
throwing techniques

Name the two divisions of throwing techniques in
English and Japanese.

What are kyu ranks in Kodokan Judo?

Name the six kyu ranks and colored belts from highest
to lowest senior rank.(Do not list white belt.)

What is the ultimate goal of judo as defined by Dr.
Kano?

Name the ten black belts ranks in order.

Name three black belt ranks that are considered
student grades.

What other colored belts are black belt holders entitled
to wear in the USJA Sr. Rank System?

Name three of the eight men who attained 10th degree black belt in judo while they were still alive _____

List the nine kata of Kodokan Judo in English and Japanese. _____
